References:

- 1. Squires A. Strategies for overcoming language barriers in healthcare. *Nurs Manage*. 2018;49(4):20-27.
- 2. Pandey M, Maina RG, Amoyaw J, et al. Impacts of English language proficiency on healthcare access, use, and outcomes among immigrants: a qualitative study. *BMC Health Serv Res*. 2021;21(1):741.
- 3. Balch B. The United States needs more Spanish-speaking physicians. *AAMC News*. July 18, 2023. Accessed May 14, 2025. https://www.aamc.org/news/united-states-needs-more-spanish-speaking-physicians
- 4. Daniels B. Caring for Patients With Non-English Language Preferences. American Association of Critical Care Nurses blog. March 25, 2024. Accessed April 22, 2025. https://www.aacn.org/blog/caring-for-patients-with-non-english-language-preferences
- 5. Panchal N, Hill L, Artiga S, Hamel L. Racial and ethnic disparities in mental health care: findings from the KFF survey of racism, discrimination and health. KFF Survey on Racism, Discrimination, and Health (June 6-August 14, 2023). Kaiser Family Foundation. Accessed April 20, 2025. https://www.kff.org/racial-equity-and-health-policy/issue-brief/racial-and-ethnic-disparities-in-mental-health-care-findings-from-the-kff-survey-of-racism-discrimination-and-health
- 6. US Department of Health and Human Services, Office for Civil Rights. Limited English Proficiency (LEP) Resources for Effective Communication. Reviewed December 12, 2024. Accessed June 16, 2025. https://www.hhs.gov/civil-rights/for-individuals/special-topics/hospitals-effective-communication/limited-english-proficiency/index.html
- 7. Job C, Adenipekun B, Cleves A, Gill P, Samuriwo R. Health professionals implicit bias of patients with low socioeconomic status (SES) and its effects on clinical decision-making: a scoping review. *BMJ Open*. 2024;14(7):e081723.